

ASTHMA & ALLERGY PHYSICIANS OF RHODE ISLAND

Patch Test Instructions For Our LINCOLN LOCATION

- You are having patches placed on your back for further evaluation of skin irritation, rash, eczema or dermatitis.
- Patch Testing consists of three consecutive appointments held at the Lincoln office on Monday, Wednesday, and Friday. Patches are placed on Monday and will be removed on Wednesday.
- Between Monday and Wednesday, you may shower, but please be diligent about **NOT SUBMERGING** your back in water (such as swimming). Also, any activity where excessive sweating occurs is prohibited. After your appointment on Wednesday, please **DO NOT** get your back wet **AT ALL** until you return to the Lincoln office for your final patch read on Friday.
- It is okay to continue with your antihistamine medications. You should avoid the use of any oral prednisone.
- If you have any questions or are having any difficulty, please contact our office directly at **401-751-1235**.

*****The patches need to be in direct contact with your skin for accurate results. We ask that your back be void of any hair prior to your first appointment*****